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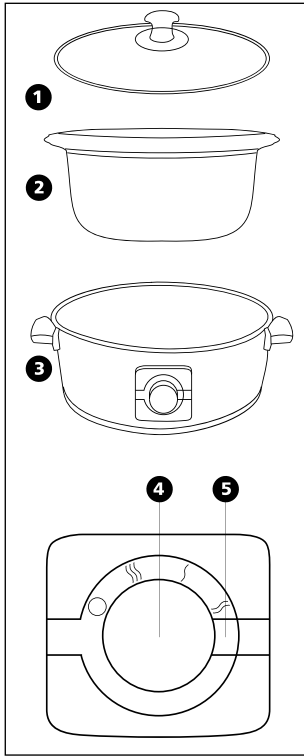
Slow Cooker

Please read and keep these instructions



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Getting the best from your new appliance...

Safety

Never touch the outer enclosure of the slow cooker during its operation or before it has cooled down. Use oven gloves when removing the lid or ceramic pot.

Efficiency

Removing the lid will allow valuable heat to escape, reducing the efficiency of your slow cooker and increasing the cooking time. If you remove the lid more than a couple of times to stir or add ingredients, then you will need to allow 10-15 minutes extra cooking time each time you remove the lid.

Enjoy the benefits

Slow cooking gives you convenient, versatile and flavoursome food. Longer cooking times allow better distribution of flavours, giving them time to blend and season the food. A slow cooker heats food gently, making it a great way to cook meats, less expensive cuts in particular, such as stewing beef, which are tenderised through the long cooking process. Remember, there are no limits to the potential uses of your slow cooker, only your imagination!

IMPORTANT SAFETY INSTRUCTIONS

The use of any electrical appliance requires the following common sense safety rules.

Primarily there is danger of injury or death and secondly the danger of damage to the appliance. These are indicated in the text by the following two conventions:

WARNING: Danger to the person!

IMPORTANT: Damage to the appliance!

In addition, we offer the following safety advice.

Location

- This appliance is intended to be used in household and similar applications such as:
 - farm houses;
 - by clients in hotels, motels and other residential type environments;
 - bed and breakfast type environments.
- It is not suitable for use in staff kitchen areas in shops, offices and other working environments.
- Always locate your appliance away from the edge of the worktop.
- Keep your appliance away from any hot burners and heated ovens.
- Ensure that the appliance is used on a firm, flat, heat resistant surface.
- Ensure that sufficient space is left above and around all sides of your appliance to allow air to circulate.
- Do not use the appliance outdoors or near water.
- **IMPORTANT:** Do not use too close to curtains, draperies, walls, cupboards and other flammable materials.
- **WARNING: Do not use underneath cupboards.**

Personal safety

- **WARNING:** Do not touch the top of the appliance or other hot parts during or after use, use handles or knobs.
- To protect against the risk of electrical shock do not put base in water or in any other liquid.
- Do not touch hot surfaces. Use oven gloves or a cloth when removing lid or handling hot containers.
- Extreme caution must be used when moving an appliance containing hot food, water, or other hot liquids.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Mains cable

- The mains cable should reach from the socket to the appliance without straining the connections.
- Do not let the mains cable hang over the edge of the worktop where a child could reach it.
- Do not let the cable run across an open space e.g. between a low socket and table.
- Do not let the cable run across a cooker or hot area which might damage the cable.
- Never leave the appliance connected to the socket outlet when not in use.
- If the supply cable is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.



Children

- Children should be supervised to ensure that they do not play with the appliance.
- Teach children to be aware of dangers in the kitchen, warn them of the dangers of reaching up to areas where they cannot see properly or should not be reaching.
- Children are vulnerable in the kitchen, particularly when unsupervised and if appliances are being used or cooking is being carried out.
- Never allow a child to operate this appliance.

Other safety considerations

- Never touch the outer enclosure of the slow cooker during it's operation or before it cools. Use the handles or knobs.
- Do not switch on the cooker if the ceramic pot is empty.
- Allow the lid and ceramic pot to cool before immersing in water.
- Never cook directly in the base unit. Use the ceramic pot.
- Do not use the ceramic pot or lid if cracked or chipped.
- Do not switch on the appliance when it is upside down or laid on it's side.
- The lid and ceramic pot are fragile. Handle them with care.
- Do not operate with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Contact Morphy Richards for advice.
- Do not attempt repairs - the appliance contains no user-serviceable parts. Call our helpline for advice.
- The use of attachments or tools not recommended by Morphy Richards may cause fire, electric shock or injury.
- Do not place on or near a hot gas electric burner or in a heated oven.
- Only use for intended purpose.
- Unplug from the socket when not in use, before putting on or taking off attachments, and before cleaning.
- Do not move the appliance whilst hot.

ELECTRICAL REQUIREMENTS

Check that the voltage on the rating plate of your appliance corresponds with your house electricity supply which must be A.C. (Alternating current).

WARNING: This appliance must be earthed.

Control knob symbols

- ⏸ Low
- ⏹ Medium
- ⏺ High
- OFF

FEATURES

- 1 Glass lid
- 2 Ceramic pot
- 3 Base unit
- 4 Control knob
- 5 Power indicator

Control knob and temperature settings

The control knob on the slow cooker offers a ⏸ (LOW), ⏹ (MEDIUM) and ⏺ (HIGH) temperature setting for cooking. This setting allows you to adapt the cooking time to your convenience.

The ⏹ (MEDIUM) setting is the standard setting for slow cooking with this product. This gives you an average of 6 - 8 hours cooking time.

However, if you wish to extend the cooking period, you can use the ⏸ (LOW) setting, and if you wish to shorten the cooking period, you can use the ⏺ (HIGH) setting.

Cooking capacity

This 6.5 litre slow cooker has a maximum working capacity of 4.5 litres.

Before first use

- Remove all labels and tags from the product.
- Wash the ceramic pot and glass lid in hot soapy water, with a sponge or a dish cloth, rinse thoroughly and dry.

IMPORTANT: DO NOT IMMERS THE SLOW COOKER BASE UNIT IN WATER.

Please note: During initial use, you may notice a slight odour due to the burning off of manufacturing residues. This is completely normal and will disappear after a few uses.





Instructions for use

- Place the base unit **1** on a dry, level, heat resistant surface, away from the edge of the work surface. Do not use on the floor.
- Place ingredients into the ceramic pot **2**, and place the ceramic pot into the base. Cover with the glass lid. If you need to pre-cook or brown foods prior to slow cooking, this must be done in a pan. Do not try to brown or pre-cook food in the slow cooker.
- With the control knob set to the **0** (OFF) position, plug the unit into the mains socket.
- Set the heat control to **1** (LOW), **2** (MEDIUM) or **3** (HIGH) and cook for the recommended time given in the recipes, or use the cooking guide on page 6.
- Switch off and unplug the slow cooker after cooking and remove the ceramic pot using oven gloves.

Always place the ceramic pot on a heat proof mat or surface.

CAUTION: BE CAREFUL NOT TO TOUCH THE BASE UNIT AFTER COOKING AS IT REMAINS HOT.

About slow cooking

- Slow cooking has always been the best way to prepare a nutritious hot meal with minimum preparation and maximum free time away from the kitchen. Morphy Richards has brought this style of cooking into this modern, cooking system; providing you with style, convenience and great tasting meals.
- Traditionally, slow cooking has centred on soups and casseroles, but with this oval ceramic pot you can also produce most modern family meals and dinner party dishes. This pot is convenient as well as looking good enough to take straight to the table for serving (always place the ceramic pot on a heat proof mat or surface).
- Slow cooking gives you convenient, versatile and flavoursome food. The longer cooking times allow better distribution of flavours, giving them time to blend and season the food. A slow cooker heats food gently, making it a great way to cook meats - in particular, less expensive cuts, such as stewing beef, which are tenderised through the long cooking process. Remember, there are no limits to the potential uses of your slow cooker, only your imagination!

IMPORTANT: The slow cooker works by building up heat and maintaining an even temperature. To get the best cooking results, do not remove the lid during cooking, since this will lose heat and therefore slow down the cooking time. The glass lid allows you to monitor the cooking progress without interrupting the cooking time.

Suitable foods for slow cooking

- Most foods are suited to slow cooking methods, however there are a few guidelines that need to be followed:
- Make sure all frozen ingredients are well thawed out.
- Cut root vegetables into small, even pieces, as they take longer to cook than meat. They should be gently sauted for 2 - 3 minutes before slow cooking. Ensure that root vegetables are always placed at the bottom of the ceramic pot and all ingredients are immersed in the cooking liquid.
- Trim all excess fat from meat before cooking, since the slow cooking method does not allow fat to evaporate.
- If adapting an existing recipe from conventional cooking, you may need to cut down on the amount of liquid used. Liquid will not evaporate from the slow cooker to the same extent as with conventional cooking.
- Never leave uncooked food at room temperature in the slow cooker.
- Do not use the slow cooker to reheat food.
- Uncooked red beans must be soaked and boiled for at least 10 minutes to remove toxins before use in a slow cooker.
- Insert a meat thermometer into joints of roasts, hams, or whole chickens to ensure they are cooked to the desired temperature.

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Do's and do not's for the ceramic pot

- Authentic stoneware is fired at high temperatures, therefore, the ceramic pot may have minor surface blemishes, the glass lid may rock slightly due to these imperfections. Low heat cooking does not produce steam, so there will be little heat loss. Due to normal wear and tear through the product's life, the outer surface may start appearing 'crazed'.
- Do not put the ceramic pot or glass lid in an oven, freezer, microwave or on a gas/electrical hob.
- Do not pre-heat before adding ingredients.
- Do not subject the ceramic pot to sudden changes in temperature. Adding cold water to a very hot pot could cause it to crack.
- Do not allow the ceramic pot to stand in water for a long time (you can leave water in the ceramic pot to soak). There is an area on the base of the ceramic pot that has to remain unglazed for manufacturing purposes. This unglazed area is porous, therefore will soak up water, this should be avoided.
- Do not switch the slow cooker on when the ceramic pot is empty or out of the base unit.





Tips for slow cooking

- The slow cooker must be at least half full for best results.
- Slow cooking retains moisture. If you wish to reduce this, remove the lid after cooking and turn the control to ⏏ (HIGH), if set to ⏏ (LOW) or ⏏ (MEDIUM), and reduce the moisture by simmering for 30-45 minutes.
- Removing the lid will allow valuable heat to escape, reducing the efficiency of your slow cooker and increasing the cooking time. If you remove the lid more than a couple of times to stir or add ingredients, then you will need to allow 10-15 minutes extra cooking time each time you remove the lid.
- If cooking soups, leave 5 cm space between the top of the ceramic pot and the food surface to allow for simmering.
- Many recipes will take several hours to cook. If you don't have time to prepare food in the morning, prepare it the night before, storing the food in a covered container in the fridge. Transfer the food to the ceramic pot and add boiling liquid/stock.
- In most of the recipes in this book, the meat ingredients are browned first to improve their appearance and flavour. If you are short on preparation time and would prefer to skip the browning stage, simply add your meat and other ingredients into the slow cooker and cover with boiling liquid/stock. You will need to increase the recipe cooking time as follows: ⏏ (HIGH) setting +1 hour, ⏏ (MEDIUM) setting +1-2 hours, ⏏ (LOW) Setting +2-3 hours.
- Most meat and vegetable recipes require: 8 - 10 hours on ⏏ (LOW), 5-7 hours on ⏏ (MEDIUM), and 4-6 hours on ⏏ (HIGH).
- Do not use frozen meat or poultry unless it is thoroughly thawed out first.
- Some ingredients are not suitable for slow cooking. Pasta, seafood, milk, and cream should be added towards the end of the cooking time. Many things can affect how quickly a recipe will cook: water and fat content, initial temperature of the food and the size of the food.
- Pieces of food cut into small pieces will cook quicker. A degree of 'trial and error' will be required to fully optimise the potential of your slow cooker.
- Vegetables usually take longer to cook than meat, so try and arrange vegetables in the lower half of the ceramic pot.
- After food is cooked, switch to the ⏏ (OFF) position and leave covered with the lid. There will be enough heat in the ceramic pot to keep warm for 30 minutes. If you require longer to keep warm, switch to the ⏏ (LOW) setting.
- All food should be covered with a liquid, gravy or sauce. In a separate pan or jug, prepare your liquid, gravy or sauce and completely cover the food in the ceramic pot.
- Pre-brown meat and onions in a pan to seal in the juices, this also reduces the fat content if separated before adding to the ceramic pot. This is not necessary if the time is limited, but improves the flavour.
- When cooking joints of meat, ham, poultry etc, the size and shape of the joint is important.

Try to keep the joint in the lower 2/3 of the ceramic pot and fully cover with water. If necessary, cut into two pieces. Joint weight should be kept within the maximum limit of 1.5kg for this slow cooker.

COOKING GUIDE

The cooking times given in the following recipes are for the ⏏ (MEDIUM) setting. Should you want to increase or reduce the time, please refer to the cooking guide in the table below **A**. Please note that these cooking times are for guidance only and may vary depending on food type and personal tastes. For your convenience, a conversion table for weight and volume has been included on page 18.

Eg. If the recipe says cook for 4 - 6 hours ⏏ (MEDIUM), and you require this to be shorter, cook on ⏏ (HIGH), which will reduce the cooking time to 3 - 4 hours. Alternatively, if you wish to increase the time, choose ⏏ (LOW) which will increase the cooking time to 6 - 8 hours.

The recipes are based on MAXIMUM WORKING VOLUMES.

This 6.5 litre slow cooker has a working capacity of 4.5 litres / 8 pts. This allows a 3cm space between the top of the ceramic pot and the food.

A Equivalent cook times for (low) and (high) settings

Cook on (MEDIUM)	Cook on (LOW)	Cook on (HIGH)
4 - 6 hours	6 - 8 hours	3 - 4 hours
6 - 8 hours	8 - 10 hours	5 - 6 hours
8 - 10 hours	10 - 12 hours	7 - 8 hours



RECIPES

Visit our website for more delicious recipes.

SOUPS

Minestrone soup

4.5 litres

Butter	55g
Streaky bacon, chopped	100g
Onion, finely chopped	2 large
Clove garlic, crushed	2
Celery sticks, chopped	4
Potatoes, peeled and cubed	500g
Carrots, peeled and diced	2 large
Cabbage leaves, shredded	4
Tomatoes, skinned and roughly chopped	4 large
Chicken stock	2.25 litres
Tomato puree	3 tbsp
Worcestershire sauce	3 tsp
Parsley, finely chopped	2 tbsp
Pasta shells	150g
Parmesan cheese, grated	3 tbsp
Salt and freshly ground black pepper	

Method

Melt the butter in a pan and fry bacon and vegetables until soft. Make up stock and add stock, bacon and vegetables to the ceramic pot. Add remaining ingredients except the parsley, pasta shells and parmesan cheese. Place the ceramic pot in the base unit, cover with lid and cook for approximately 4 - 6 hours. 45 minutes before serving, add the pasta shells and parsley. Adjust the seasoning if necessary and sprinkle with parmesan cheese. Serve with crusty french bread.

Lentil soup

4.5 litres

Smoked bacon, chopped	200g
Onion, finely chopped	2 large
Carrots, finely diced	4
Celery, finely sliced	4 sticks
Orange lentils	400g
Can of chopped tomatoes	2x 400g
Chicken stock	2 litres
Worcestershire sauce	4 tsp
Bay leaf	1
Basil	2 tsp
Parsley, finely chopped	2 tbsp
Pinch of nutmeg	
Salt and freshly ground black pepper	

Method

In a pan, gently fry the bacon until the fat begins to run. Add the onion, carrot and celery and fry until soft. Add all the remaining ingredients except the parsley and bring to the boil. Simmer for 2 minutes. Transfer to the ceramic pot. Place ceramic pot into the slow cooker base, cover with the lid. Cook for approximately 4 - 8 hours. If a smoother consistency is required, liquidise the soup after cooling and then reheat the soup in a pan. Sprinkle with parsley and serve with crusty french bread.





Vegetable soup

4.5 litres

Butter	60g
Mixed vegetables, e.g. potato, onion, carrot, parsnips, celery, leek, tomato	2.2kg
Flour	60g
Stock	2 litres
Mixed herbs	2 tsp
Salt and freshly ground black pepper	

Method

Peel, wash and cube or slice all the vegetables. Melt butter in a pan and gently fry the vegetables for 2-3 minutes. Add the hot stock. Stir well and bring to the boil. Season to taste and add mixed herbs. Transfer all ingredients to the ceramic pot and place pot in the slow cooker base. Cover with the lid and cook for approximately 6 - 8 hours. Cool and liquidise the soup and then reheat in a pan on the hob. Thicken it with the flour.

POULTRY

Chicken paprika

4.5 litres

Chicken portions	8
Butter	60g
Seasoned flour	60g
Onions, chopped	4 large
Carrots peeled and sliced	6
Green pepper, de-seeded and chopped	2
Paprika	3 tsp
Tomato puree	3 tsp
Chicken stock	1 litre
Salt and freshly ground black pepper	

Method

Clean, wipe and dry chicken, coat in seasoned flour. Using a pan, fry the chicken in the butter until brown all over. Add onions and carrots and fry until soft. Add pepper, paprika, tomato puree, and the remaining flour, stir well. Gradually mix in the chicken stock. Bring to the boil and season. Transfer all ingredients to the ceramic pot and place in the base unit. Cover with the lid and cook for approximately 4 - 7 hours.

Caribbean chicken

4.5 litres

Vegetable oil	3 tbsp
Onion, chopped	2 large
Celery, chopped	4 sticks
Carrots, sliced	3
Mushrooms, sliced	500g
Red pepper, de-seeded and sliced	2
Chicken joints, skinned	8
Canned peach slices	400g
Canned pineapple chunks	400g
Cornflour	3 tbsp
Paprika	3 tsp
Soy sauce	3 tbsp
Worcestershire sauce	3 tbsp
Malt/wine vinegar	8 tbsp
Boiling water	1 litre
Salt and freshly ground black pepper	

Method

Fry onions, celery, carrot, mushrooms and pepper in a pan. Add chicken joints and fry until browned all over. Drain peaches and pineapple, reserving juice, and add them to the pan. To make the sauce, blend cornflour and paprika with soy sauce, worcestershire sauce, vinegar and reserved juice, add seasoning, boiling water and pour into pan. Bring the sauce to the boil, stirring continuously. Transfer all ingredients to the ceramic pot and place pot into the base unit. Cover with the lid and cook for approximately 5 - 7 hours.





Chicken in white wine sauce

4.5 litres

Chicken joints, skinned	8
Butter	75g
Onion, finely chopped	2 large
Mushrooms, sliced	250g
Cornflour	3 tbsp
Dry white wine	1 litre
Mixed herbs	3 tsp
Egg yolks	2
Double cream	9 tbsp
Salt and freshly ground black pepper	

Method

Place the chicken joints and butter in a pan and gently fry until all the juices are sealed in. Add the onion and fry until softened but not browned. Add the mushrooms and cook for a minute on low heat. Blend the cornflour with a little of the wine. Pour the remaining wine into the pot with the blended cornflour, mixed herbs and seasoning. Bring to the boil, stirring continuously until thickened. Transfer all ingredients to the ceramic pot, place in the base of the slow cooker and place the lid on the slow cooker. Cook for approximately 5 - 8 hours. Just before serving, beat together the egg yolk and cream. Beat in a few tablespoons of hot sauce, mix well together. Pour this mixture into the ceramic pot and stir until the sauce thickens.

Chicken and mushroom casserole

4.5 litres

Chicken quarters	8
Butter	75g
Flour	3 tbsp
Onions, finely chopped	2 large
Celery, thinly sliced	3 sticks
Mushrooms, thinly sliced	500g
Clove of garlic, crushed	2
Chicken stock	1 litre
Cream (optional)	7 tbsp
Salt and freshly ground black pepper	

Method

Toss the chicken in the flour, place in a pan and fry in the butter until golden brown on all sides. Add the onion and celery and gently fry until softened but not browned. Add the mushrooms and garlic and stir in the stock. Bring to the boil and season. Transfer all ingredients to the ceramic pot and place the pot in the base unit. Place lid on the slow cooker. Ensure that the chicken and vegetables are immersed. Cook for approximately 5 - 7 hours. Before serving, stir in the cream.





Fricasse of Turkey

4.5 litres

Turkey portions	8
Onions, finely chopped	2 large
Butter	75g
Mushrooms, sliced	225g
Stock	1 litre
Cornflour	5 tbsp
Milk	9 tbsp
Bouquet garni	1
Sliver of zest of lemon	
Salt and freshly ground black pepper	

Method

In a pan, gently fry the onions in the butter until softened but not browned. Cube the turkey meat and add to the pan. Add the remaining ingredients, including the stock, except the milk and cornflour, and bring to the boil. Transfer all the ingredients to the ceramic pot. Place the ceramic pot in the slow cooker base unit. Place the lid over the slow cooker. Cook for approximately 4 - 6 hours. Remove the bouquet garni and lemon half an hour before serving. Pour the liquid into a pan. Blend the cornflour with the milk and pour into the pan. Stir well and leave to thicken.

MEAT

New England beef

4.5 litres

Piece of topside	1.5kg
Bouquet garni	1
Thyme	1½ tsp
Black peppercorns	1½ tsp
Shallots	8
Carrots, sliced	400g
Swede, diced	200g

Method

Put the beef into a pan and cover with cold water. Add all the remaining ingredients, cover and bring to a simmer. Season well and then transfer all the ingredients to the ceramic pot. Place the ceramic pot in the slow cooker base. Place the lid onto the slow cooker. Cook for approximately 5-7 hours. Take the beef out of the slow cooker with a slotted spoon and allow to cool for 10 minutes. The cooking liquid can be used as a base to make gravy. Cut the beef into slices and spoon a little of the cooking liquid over. Serve with vegetables and garnish with fresh parsley. **IMPORTANT:** When buying a joint of meat, make sure that it will fit into the slow cook pot. It should fit into the ceramic pot so that when it is covered with liquid, it will still be 2.5cm below the rim of the pot. The joint must not stick out above the rim and there should be enough room to cover the meat with water. The shape of the meat is just as important as the weight.



**Paprika beef****4.5 litres**

Stewing steak	1.5kg
Seasoned flour	75g
Onions, chopped	4 large
Clove of garlic, crushed	2
Cooking fat	75g
Tomatoes	1kg
Brown stock	1 litre
Paprika	3 tsp
Tomato puree	3 tbsp
Bay leaves	4
Mixed herbs	3 tsp
Salt and freshly ground black pepper	

Method

Cut the meat into cubes and toss in seasoned flour. In a pan, fry onions and garlic until softened, then add the meat and continue to fry until the meat is slightly browned. Skin and chop tomatoes finely, add to meat with the stock, (blended with the paprika) tomato puree, bay leaves and mixed herbs. Season to taste and bring to a simmer. Transfer all ingredients to the ceramic pot and place the pot in the base unit. Cover with the lid. Cook for approximately 5 - 8 hours. Before serving, remove the bay leaves and thicken the sauce if necessary.

Beef in red wine**4.5 litres**

Oil	3 tbsp
Onions, chopped	2 large
Stewing beef, cubed	1.5kg
Black olives	16
Clove garlic, crushed (optional)	2
Tomatoes skinned, de-seeded and roughly chopped	10
Mushrooms	800g
Dry red wine	1 litre
Bay leaf	2
Freshly chopped parsley	
Salt and freshly ground black pepper	

Method

In a pan, gently fry the onion in the oil until softened. Add the beef and brown on all sides. Add all the remaining ingredients, except the parsley, and bring to a simmer. Transfer all the ingredients into the ceramic pot and place the pot into the slow cooker base. Place the lid into the slow cooker. Cook for approximately 4 - 8 hours. Before serving, remove the bay leaf and sprinkle with parsley.

AUS





Hungarian Goulash

4.5 litres

Stewing steak, cut into cubes	1kg
Seasoned flour	75g
Vegetable oil	5 tbsp
Onions, finely chopped	2 large
Green pepper, de-seeded and chopped	1
Carrot, peeled and chopped	2
Celery sticks, chopped	2
Paprika	3 tsp
Tomato puree	5 tbsp
Mixed herbs	5 tsp
Beef stock	400ml
Can of chopped tomatoes,	400g
Red wine (optional)	400ml
Worcestershire sauce	5 tsp
Pinch of grated nutmeg	
Salt and freshly ground black pepper	

Method

Toss the meat in seasoned flour.

Heat the oil in a pan and fry onions, pepper, carrot and celery until soft. Add the meat and fry until browned. Add the paprika, tomato puree, nutmeg, mixed herbs and seasoning and cook for a further 2 minutes. Add stock, tomatoes, red wine and worcestershire sauce. Bring to a simmer. Transfer all the ingredients into the ceramic pot and place the pot into the slower cooker base. Place the lid onto the slow cooker. Cook for approximately 5 - 7 hours.

Chilli con carne

4.5 litres

Vegetable oil	3 tbsp
Onions, chopped	2 large
Garlic cloves, crushed	4
Green pepper, de-seeded and chopped	1
Minced beef	1kg
Can of chopped tomatoes,	2x 400g
Chilli powder	3 tsp
Flour	3 tbsp
Brown sugar	3 tsp
Tomato puree	7 tbsp
Can red kidney beans, drained	2x 400g
Salt and freshly ground black pepper	

Method

Fry onions, garlic and pepper in a pan until soft. Add minced beef and fry until lightly browned. Blend together chilli powder, flour, brown sugar and tomato puree. Stir in tomatoes, chilli paste and seasoning. Transfer all ingredients to the ceramic pot and place the pot in the slow cooker base. Place the lid on the slow cooker. Cook for approximately 3 - 7 hours. One hour before serving, add the kidney beans. Serve with boiled rice or baked potatoes.





Steak and kidney ragout

4.5 litres

Stewing steak	1.5 kg
Kidney	300g
Flour	3 tbsp
Onions, quartered	4 large
Hot beef stock	1 litre
Red wine	400ml
Tomato puree	5 tbsp
Worcestershire sauce	2 tsp
Button mushrooms	225g

Method

Using a sharp knife, trim the beef and cut into 1 inch (2.5cm) cubes. Cut the kidney into bite size pieces. Coat the beef with the flour. Place into a pan with onions, stock, wine and tomato puree. Bring to a simmer. Add the worcestershire sauce and season. Transfer all ingredients to the ceramic pot and place in the base unit. Place the lid on the slow cooker. Cook for approximately 5 - 7 hours. Add the button mushrooms one hour before serving. This recipe can be used as a base for steak and kidney pie.

Beef Curry

4.5 litres

Vegetable oil	5 tbsp
Cooking apple, peeled, cored and sliced	2 large
Onions, chopped	4 large
Stewing steak, cubed	1.5 kg
Curry powder	5 tsp
Plain flour	5 tbsp
Beef stock	1 litre
Mango chutney	5 tbsp
Sultanas	125g
Tin tomatoes, chopped	400g
Lemon juice	2 tbsp

Salt and freshly ground black pepper

Method

Fry the apple and onion in a pan until soft. Coat the meat in seasoned flour, add to the pan and fry until lightly browned. Stir in the stock and bring to a simmer. Add remaining ingredients and bring back to a simmer. Transfer all the ingredients to the ceramic pot and place the pot in the slow cooker base. Place the lid onto the slow cooker. Cook for approximately 5 - 7 hours. At the end of the cooking time, it may be necessary to thicken the sauce.





Bolognese sauce

4.5 litres

Minced beef	1 kg
Onions, finely chopped	2 large
Celery, thinly sliced	4 sticks
Cloves garlic, crushed	2
Tomato puree	5 tbsp
Flour	3 tbsp
Can of tomatoes including juice	2x 400g
Beef stock	400ml
Mushrooms, sliced	200g
Mixed herbs	1 tsp
Salt and freshly ground black pepper	

Method

In a pan, gently brown the mince without adding any fat or oil. When the fat has started to run from the meat, add the onion, celery and garlic. Fry for a couple of minutes and then add the tomato puree. Blend some of the tomato juice with the flour to make a smooth pouring cream, add to the meat with the remaining tomatoes and juice and bring to the boil, stirring continuously until thickened. Add the remaining ingredients and mix well. Transfer all the ingredients to the ceramic pot and place in the base of the slow cooker. Place the lid on the slow cooker. Cook for approximately 3 - 8 hours. Note: a slight 'crust' of brown meat may appear on the top. It soon disappears if stirred into the sauce.

Pork goulash

4.5 litres

Oil	3 tbsp
Onion, finely chopped	2
Flour	7 tbsp
Paprika	2 tsp
Stewing pork, cubed	1.5 kg
Red pepper, de-seeded and diced	2
Oregano	1 tsp
Tomato puree	5 tbsp
Stock	1 litre
Small carton of soured cream or yoghurt	2
Salt and freshly ground black pepper	

Method

In a pan, gently fry onion in the oil until soft. Blend together the flour, paprika, salt and pepper. Toss the pork in the seasoned flour and add to the pan, fry until brown on all sides. Add red pepper, oregano, puree and stock. Bring to the boil, stirring continuously until thickened. Transfer all the ingredients to the ceramic pot and place into the slow cooker base. Place the lid on the pot and cook for approximately 4 - 8 hours. Just before serving, swirl the cream or yoghurt into the goulash.





Oriental honeyed pork

4.5 litres

Pork fillet	1 kg
Seasoned cornflour	6 tbsp
Corn oil	6 tbsp
Onion, chopped	1 large
Garlic cloves, crushed	2
Green peppers, de-seeded and chopped	2
Pineapple chunks, drained (reserve juice)	2x 400g
Mushrooms, sliced	8
Ripe tomatoes quartered	6

SAUCE:

Chicken stock	1 litre
Honey	5 tbsp
Soy sauce	3 tbsp
Cornflour	5 tbsp
Pineapple juice (reserved from chunks)	

Method

Cut pork into cubes and toss in seasoned cornflour. Heat oil in a pan and fry garlic and onion. Add pork and fry until lightly browned on all sides. Lower the heat and add pepper, pineapple, mushrooms and tomatoes, leave on gentle heat whilst preparing the sauce. To make the sauce, mix together chicken stock, honey and soy sauce. Blend cornflour with pineapple juice and add to the mixture. Add sauce to the pan and stir whilst bringing to the boil. Transfer all ingredients to the ceramic pot, place in the slow cooker base and cover with the lid. Cook for approximately 5 - 8 hours. Serve with rice and fresh green vegetables.

Pork and pineapple curry

4.5 litres

Lean pork, cubed	2kg
Flour	100g
Salt	2 tsp
Oil	3 tbsp
Onions, chopped	2 large
Curry powder	3 tsp
Paprika	2 tsp
Chicken stock	1 litre
Mango chutney	3 tbsp
Worcester sauce	3 tsp
Can pineapple cubes, with juice	400g
Bay leaves	4

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Method

Toss the pork in the flour and salt. In a pan, heat the oil and brown the meat. Add the onions and fry until soft. Stir in the curry powder and paprika. Stir well and cook for a few minutes. Add the remaining ingredients, bring to a simmer and transfer to the ceramic pot. Place the ceramic pot into the base unit. Cook for approximately 4 - 7 hours. Remove the bay leaves before serving.

Boiled ham

Gammon joint

4.5 litre slow cooker up to 1.5 kg

Method

Put the gammon in a pan, cover with cold water and bring to the boil, drain and rinse. Place in the ceramic pot and cover with boiling water. Place the ceramic pot in the slow cooker base unit and cover with the lid. Cook for approximately 5-7 hours. Drain and cool slightly before removing the skin. Allow to cool. Wrap tightly in kitchen foil. Place in the refrigerator until well chilled. Coat fat with toasted breadcrumbs before serving.

IMPORTANT: When buying a joint of meat, make sure that it will fit the size of the slow ceramic pot. It should fit into the ceramic pot so that when it is covered with liquid, it will still be 2.5cm below the rim of the pot. The joint must not stick out above the rim and there should be enough room to cover the meat with water. The shape of the meat is just as important as the weight.





Irish stew

4.5 litres

Lamb chops	8
Onions, sliced	4 large
Mixed herbs	3 tsp
Large parsnip	2
Carrots, thickly sliced	1 kg
Potatoes, quartered	1.5 kg
Hot vegetable stock	1 litre
Leeks, sliced	3

Method

Remove any excess fat from the chops and then place in a pan with the onions. Brown chops on each side. Sprinkle over the mixed herbs. Add parsnip, carrots, potatoes, leeks and pour over the stock. Bring to a simmer. Transfer all the ingredients to the ceramic pot and place into the base unit. Place the lid onto the ceramic pot.

Cook for approximately 5 - 8 hours.

Lamb with lentils

4.5 litres

Carrots, sliced	800g
Parsnips, sliced	225g
Cloves garlic, crushed	2
Bay leaf	2
Orange lentils, soaked for 1 hour	250g
Red wine	400ml
Lamb leg fillet cubed	1.5kg
Soy sauce	4 tbsp
Button mushrooms	300g
Parsley sprigs to garnish	
Salt and freshly ground black pepper	

Method

Place the carrots, parsnips, garlic, bay leaf and drained lentils in the ceramic pot and season with salt and pepper. Pour in the wine after bringing to simmering point in a pan. Brush the meat all over with the soy sauce and sprinkle with salt and pepper. Place on top of the vegetables. Place the ceramic pot into the slow cooker base and replace the lid. Cook for approximately 6 - 8 hours. Add the mushrooms for the last 30 minutes. Discard the bay leaf. Garnish with parsley and serve with a crisp green salad.

Sausage Pot

4.5 litres

Oil	3 tbsp
Sausage	1.5kg
Onions, finely chopped	2 large
Carrots, thinly sliced	4
Leek, sliced	2
Flour	5 tbsp
Beef stock	1 litre
Chutney	5 tbsp
Worcestershire sauce	3 tbsp
Salt and freshly ground black pepper	

Method

In a pan, quickly brown the sausages on all sides in the oil. Add the onions, carrots and leeks and gently saute until softened, but not browned. Stir in the flour and cook on a low heat until the oil is absorbed. Slowly add the stock, and bring to the boil, stirring continuously until thickened. Stir in the chutney, worcestershire sauce and seasoning. Transfer all ingredients to the ceramic pot and place into the slow cooker base. Cover with the lid and cook for approximately 5 - 8 hours. If the sausages contain a lot of fat, any excess can be removed from the surface of the finished dish with kitchen paper.



Vegetarian curry

4.5 litres

Cooking oil	5 tbsp
Onions, chopped	4 large
Garlic cloves, crushed	2
Curry powder	5 tsp
Lentils	600g
White stock	2 litre
Lemon juice	3 tsp
Carrots, diced	4
Apple, peeled, cored and chopped	2
Sultanas	125g
Salt and freshly ground black pepper	

Method

Heat the oil in a pan. Saute the onion, carrots and garlic lightly. Add the curry powder. Cook gently for one minute. Stir in the stock, lemon juice, salt, pepper and lentils. Bring to the boil and continue to boil for 3 minutes. Transfer all ingredients to the ceramic pot and place into the slow cooker base. Stir in the apples and sultanas. Place the lid on the slow cooker. Cook for approximately 5 - 8 hours. Ensure that the vegetables are immersed during cooking.

DESSERTS

Pears in Red Wine

Strong red wine (Shiraz/Syrah)	500ml
Firm pears	6
Cinnamon stick	1
Vanilla pod	1
Water	200ml
Fructose	150g
Peel of half an orange	

Method

Pour the wine into your ceramic pot and then place in the pears, making sure that they are sitting upright. Add the remaining ingredients and cook for 5 hours. Once cooked, remove pears, set a side while you put the liquid into a frying pan and briskly reduce by half or until you have a consistency of double cream. Bear in mind that the more you reduce the liquid, the sweeter it will become. Serve with vanilla ice cream or a blob of fromage frais.

Great because...

Pears are rich in soluble fibre which helps to control blood sugar and blood cholesterol levels. It is a low calorie pudding with almost a third of your day's fibre per serving.

Rice pudding

4.5 litres

Butter	40g
Pudding rice	150g
Sugar	150g
Milk	1½ litre
Pinch of nutmeg	

Method

Butter the inside of the ceramic pot. Add all ingredients and stir. Place the ceramic pot on the slow cooker base and cover with the lid. Cook for approximately 3 - 4 hours.





Fruit compote

4.5 litres

Dried mixed fruit, such as apples, prunes, pears, apricots, and peaches	500g
Sultanas	60g
Raisins	60g
Flaked almonds	35g
Caster sugar	5 tbsp
Water	1 litre
Cointreau	5 tbsp

Method

Place all ingredients, except the cointreau, in the ceramic pot. As the apple rings tend to float to the surface and may discolour, put them at the bottom. Cook for approximately 5 - 7 hours. Transfer the fruit to a serving dish and allow to cool. Cool the fruit first before putting into a cut-glass dish. Stir in the cointreau and serve chilled.

Weight / volume conversion table

g	oz
5	0.2
10	0.35
100	3.5
500	17.6
1000(1kg)	35
ml	floz
50	1.7
100	3.4
200	7
500	17
1000(1L)	35

Cleaning your slow cooker

The ceramic pot and glass lid may be washed in a dishwasher or washed by hand in hot soapy water. Do not use harsh abrasive cleaners. If you wash the glass lid in hot soapy water, use a sponge or dishcloth. Rinse and dry thoroughly. Do not immerse the electrical base in water or any other liquid. The base may be wiped clean as follows. Unplug the base from the mains. Wipe the base over gently with a dish cloth. Ensure that the plug and electrical connections remain dry at all times.

HELPLINE

If you have any difficulty with your appliance, do not hesitate to call us.

We are more likely to be able to help than the store from where you bought it.

Please have the following information ready to enable our staff to deal with your query quickly.

- Name of the product.
- Model number as shown on the underside of the appliance.
- Serial number as shown on the underside of the appliance.





YOUR INTERNATIONAL TWO YEAR GUARANTEE

This appliance is covered by two-year repair or replacement warranty.

It is important to retain the retailers receipt as proof of purchase. Staple your receipt to this back cover for future reference.

Please quote the following information if the product develops a fault. These numbers can be found on the base of the product.

Model no.

Serial no.

All Morphy Richards products are individually tested before leaving the factory. In the unlikely event of any appliance proving to be faulty within 28 days of purchase it should be returned to the place of purchase for it to be replaced.

If the fault develops after 28 days and within 24 months of original purchase, you should contact your local distributor quoting Model number and Serial number on the product, or write to your local distributor at the addresses shown.

You will be asked to return the product (in secure, adequate packaging) to the address below along with a copy of proof of purchase.

Subject to the exclusions set out below (1-9) the faulty appliance will then be repaired or replaced and dispatched usually within 7 working days of receipt.

If for any reason this item is replaced during the 2-year guarantee period, the guarantee on the new item will be calculated from original purchase date. Therefore it is vital to retain your original till receipt or invoice to indicate the date of initial purchase.

To qualify for the 2-year guarantee the appliance must have been used according to the manufacturers instructions. For example, appliances must have been descaled and filters must have been kept clean as instructed.

The local distributor shall not be liable to replace or repair the goods under the terms of the guarantee where:

- 1 The fault has been caused or is attributable to accidental use, misuse, negligent use or used contrary to the manufacturers recommendations or where the fault has been caused by power surges or damage caused in transit.
- 2 The appliance has been used on a voltage supply other than that stamped on the products.
- 3 Repairs have been attempted by persons other than our service staff (or authorised dealer).
- 4 Where the appliance has been used for hire purposes or non domestic use.
- 5 The appliance is second hand.
- 6 The local distributor are not liable to carry out any type of servicing work, under the guarantee.
- 7 The guarantee excludes consumables such as bags, filters and glass carafes.
- 8 Batteries and damage from leakage are not covered by the guarantee.

- 9 The filters have not be cleaned and replaced as instructed.

This guarantee does not confer any rights other than those expressly set out above and does not cover any claims for consequential loss or damage. This guarantee is offered as an additional benefit and does not affect your statutory rights as a consumer.

AUSTRALIAN WARRANTY

This appliance is guaranteed for 2 years against faulty material, components and workmanship.

This warranty is in addition and does not affect your statutory rights. Proof of purchase must be produced for any warranty benefit.

In the unlikely event of any appliance proving to be faulty, securely pack and return the item to the place of purchase accompanied by the original receipt or invoice.

Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

NOT COVERED BY THIS WARRANTY

(Australian only)

- If the appliance has not been used in accordance with the manufacturers' recommendations or Instructions.
- If the fault is deemed to be caused by abuse, misuse, neglect, modifications or in proper use and or care
Eg: Kettles: Excessive build up of scale.
Toasters: Excessive build up of crumbs or foreign matter etc.
- Connection to incorrect voltage to that stamped on the product.
- Unauthorised repairs.
- Appliance used other than for domestic purposes.
- Excluding bags, filters, glass, carafes, and cutting blades.
- Freight and insurance costs.

If for any reason this item is replaced during the 2 year guarantee period, the guarantee on the new item will be calculated from original purchase date. Therefore it is vital to retain your original receipt or invoice to indicate the date of original purchase.

Morphy Richards's policy is to continually improve quality design and product quality. The company therefore reserves the right to change any specifications or to carry out modifications as deemed worthy at any time.

The Australian supplier ASKO Appliances reserves the right to repair, modify, exchange or replace the faulty appliance with the same or similar model or product of equivalent value.





485 Australia - Sales office locations

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45 Hampton Road, Keswick. 5035

T: 08 8292 9500

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15 Walters Drive, Osborne Park. 6017

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